

# Walk to the West of Folksworth - 4.5 km

- 1 Start from The Fox on Manor Road In Folksworth Village. Leaving the Fox on your right walk down Manor Road 100m and turn left opposite the public footpath sign
- 2 Follow the track between the houses, turn left then right on to Elm Road
- 3 Turn right into The Paddocks, go through the gate on the left and follow the track through two gates
- 4 Turn left through the third gate and then right at the bottom of the field
- 5 Keep straight on through the gap in the trees
- 6 Turn left, go over the bridge into the wood then turn right and go over another bridge
- 7 Go right and left over the ditches crossing the footpath
- 8 Cross the road and pass between the gate pillars then go through the gate and fork right in the field
- 9 Go through the wood following the path between the ponds
- 10 Turn left on leaving the wood
- 11 Turn left after the gate, go over the footbridge and make for the road. The path continues on the right as you cross the road
- 12 Go through the gate in the hedge and walk uphill across the field to the top
- 13 Turn right and retrace 3-1 back to the Fox

