



1. Start from The Fox (now closed) on Manor Road In Folksworth Village. Leaving the Fox on your right walk down Manor Road 100m and turn right at the public footpath sign.
2. Follow the track between the houses, go through the gate, turn right then left at the kissing gate. After 100m pass through the gate on rhs. Keeping hedge on lhs walk to the gates at top corner of field
3. Pass through gate going left to kissing gate and follow path keeping hedge then ditch on rhs
4. Cross footbridge and turn right keeping hedge on lhs. After 20m turn left to cross the field towards the opposite hedge
5. Turn rt along hedge, keep left through gate then turn left at the single gate. Go straight to next gate then diagonal rt across field to gate to road. Turn rt
6. Follow road, pass footpath, turn left at the short track marked bridleway
7. At 4th gate cross field towards tree stump and cottage
8. Turn left onto the road and left into field opposite church. Cross field towards lh corner of copse. Follow line of path past copse, cross field up hill to hedge/trees
9. Through hedge walk down towards rh of trees ahead,.bear left to follow hedge to gate then bear left again and go through gate to road
10. Turn left on road and follow for 500m
11. Turn left onto bridleway. Keep straight on past the wood,
12. Turn left at the hedge and then left again over the ditch on to the track.
13. Follow track till you reach point 4 and turn rt to retrace steps back to Folksworth

Folksworth to Haddon 10km

